Marlborough Parks & Recreation 2024 Winter Programs

Registration is now open – www.marlboroughct.net, click on parks and recreation, go to programs.

For more information, call 860-295-6203

Youth Programs

<u>Sparkling Spinners –</u> Ages 3&4, Thursdays, January 4th – March 14th, 4:45pm – 5:15pm. Pre-ballet, creative movement class. We will be using lots of props, fun dance activities, and games while learning basic ballet skills and terminology and developing basic ballet technique, motor skills, coordination, balance, and more. Class is held at Dance Dynamics in Hebron. Registration fee is \$143.00.

<u>Tiny Twirlers Dance Class</u> - Ages 2-3 with caregiver, Thursdays, January 4th - March 14th, 5:15pm – 5:45pm, or Saturdays, January 6th – March 16th, 9:30am – 10:00am. Children will be introduced to basic dance moves, work on their motor skills, and develop a sense of music. Lots of fun, smiles and movement exploration! Class is held at Dance Dynamics in Hebron. Registration fee is \$143.00.

<u>Funky Tumblers</u> – Ages 4&5, Thursdays, January 4th – March 14th, 4:15pm – 4:45pm, or Saturdays, January 7th – March 14th, 10:45am – 11:30am. Basic tumbling and hip hop class for students ages 4&5. Class is held at Dance Dynamics in Hebron. Registration fee is \$143.00 Thursday class/\$193.00 Saturday class.

<u>Netto Indoor Soccer</u> – Indoor soccer for 5th and 6th graders. Games will begin week of January 9th. Games will be played after school on Monday and Wednesdays in the Elmer Thienes – Mary Hall Elementary School Gym. Games will conclude at 4:30pm. Fee for this program is \$75.00 and participants will receive a t-shirt.

<u>How To Tune Your Guitar</u> – Tuesday, January 8th, 6:00pm – 7:00pm at the Marlborough Senior Center. You just received that new instrument. Everything is fine except...it's not in tune and you don't know how to tune it. In this one hour session, you'll solve that and be ready to enjoy your instrument the way you want to. Registration fee is \$35.00 resident/\$40.00 non-resident.

<u>Acrylic Landscape Painting -</u> Grades 3-6, Elmer Thienes – Mary Hall Elementary School Art Room – Wednesdays, 3:30 – 5:00pm, January 10th – January 31st. Students will be guided through the techniques of landscape painting. Students can bring a photo of a landscape of their own choosing or choose from a collection provided by Ms. Ketterer. All materials are provided. Students are encouraged to bring a snack. Fee is \$90 for residents/\$95 for non-residents.

<u>Kids Winter Yoga</u> - Ages 3-10, Wednesdays, January 17th—February 21st, 5:15pm—6:00pm in the MES cafeteria. This season, get ready to stretch your body, move around like animals, and have some winter fun! Each week, you'll embark on an exciting "yoga adventure" centered around movement, play, and mindfulness. You and your child will learn a variety of yoga poses, practice breathing, play mindful games and calm the body & mind with a relaxing wind-down. Child must be accompanied by parent or caregiver. Class instruction provided by Rachel Kacynski. Registration fee is \$75.00 resident/\$80.00 non-resident/\$10.00 drop in.

<u>CPR Certification</u> – Tuesday, January 23rd, 5:30pm – 7:30pm at the Marlborough Senior Center. This class is for any individual who is looking for self-improvement, basic CPR for work that does not require a First Aid component, or families looking to ensure safety in the house and around the pool area. What is covered: Adult, child and infant CPR, foreign-body airway obstruction, Automated External Defibrillator (AED). This is NOT a course if you are a Medical Provider or a Day Care Provider. Registration fee is \$87.00 resident/\$92.00 non-resident.

ART-ventures with Penguins and Polar Bears — Grades K-6, Tuesdays, January 23rd — March 5th, 3:15-4:15 in the MES cafeteria. In this fun, art-packed series, art explorers—equipped with a myriad of unique materials, tools, and techniques—set out on an adventure across frozen tundra to discover life in and around the icy waters of the earth's Poles. Sculpt clay polar bears and penguin reliefs. Build sand castle lighthouses and create shimmery sea jellies out of recycled materials. Paint sharks or fish on stretched canvases. Design hats as colorful as the Northern Lights, make gyotaku fish print aprons, and transform plain t-shirts into oceans teeming with creatures. Don't miss the Art-rageous fun! Registration fee is \$115.00 resident/\$120.00 non-resident.

<u>Mad Science EUREKA! Invention</u> — Grades K-6, Thursdays, January 25th — February 29th, 3:15-4:15 in the MES cafeteria. Children overcome a series of challenges using basic materials, simple machines, tips from famous inventors, and most importantly, their minds. With a bit of ingenuity, they create catapults and forts, construct working light sticks, and assemble a set of circuits with batteries and light bulbs. Registration fee is \$115.00 resident/\$120.00 non-resident.

<u>LEGO – Winter Wonderland Engineering</u> - Grades K--4, Tuesdays, February 1st – March 7th, 3:15pm – 4:45pm at the MES cafeteria. Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor. Registration fee is \$127.00 resident/\$132.00 non-resident.

Acrylic Landscape Painting - Grades 1 & 2, Elmer Thienes – Mary Hall Elementary School Art Room – Wednesdays, 3:30 – 5:00pm, February 14th – February 28th. Students will be guided through the techniques of landscape painting. Students can bring a photo of a landscape of their own choosing or choose from a collection provided by Ms. Ketterer. All materials are provided. Students are encouraged to bring a snack. Fee is \$90 for residents/\$95 for non-residents.

<u>Safe Sitter</u> – Grades 6-8, Saturday, February 17th, 9:00am – 2:00pm at the Marlborough Senior Center. Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue! Registration fee is \$110.00 resident/\$115.00 non-resident.

<u>Safe at Home</u> – Grades 4-6, Tuesday, March 5th, 5:30pm – 7:00pm at the Marlborough Senior Center. Participants will learn skills to prepare them to be safe when home alone. Registration fee is \$48.00 resident/\$53.00 non-resident.

Adult Programs

<u>Adult Beginner Tap</u> – Ages 18 and up, Wednesdays, January 3rd – March 13th, 7:45pm – 8:30pm. Class is held at Dancy Dynamics in Hebron, CT. Registration fee is \$193.00.

<u>Adult Intermediate Tap</u> – Ages 18 and up, Tuesdays, January 2nd – March 12th, 8:00pm – 8:45pm. Class is held at Dancy Dynamics in Hebron, CT. Registration fee is \$193.00.

<u>Adult Ballett</u> – Ages 18 and up, Wednesdays, January 3rd – March 13th, 7:00pm – 7:45pm. Class is held at Dancy Dynamics in Hebron, CT. Registration fee is \$193.00.

<u>Zumba</u> - Thursdays, January 6th - February 10th, 6:30-7:30pm at the MES gymnasium. Cost for the program is \$50 resident/\$55.00 non-resident/\$10.00 drop-in fee. Class instruction provided by Anna Boose.

<u>How To Tune Your Guitar</u> – Tuesday, January 8th, 6:00pm – 7:00pm at the Marlborough Senior Center. You just received that new instrument. Everything is fine except...it's not in tune and you don't know how to tune it. In this one hour session, you'll solve that and be ready to enjoy your instrument the way you want to. Registration fee is \$35.00 resident/\$40.00 non-resident.

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Outsmarting the bad guys: cyber and phone security for seniors — Tuesday, February 6th, 3:00pm — 4:00pm at the Marlborough Senior Center. Hackers, scammers, fraudsters are after your money and more. Is that e-mail real? Who is that really on your phone? How much information should you share...and with whom. Learn how to avoid being a victim. Registration fee is \$25.00 residents/\$30.00 non-residents.

<u>Adult Drop In Volleyball</u> – Thursday nights at the Elmer Thienes – Mary Hall Elementary School Gym – 8:00-10:00pm - \$5 per week. Session runs until June.

<u>Adult Drop In Basketball</u> – Sunday mornings at the Elmer Thienes – Mary Hall Elementary School Gym – 8:00-10:00am - \$5 per week. Session runs until April.

Trips/Special Events

<u>UConn Huskies vs. St. Johns Red Storm (Men's Basketball)</u> – Saturday, February 3rd, 12:00pm at Madison Square Garden. Trip includes charter bus, tickets to the game(200 level) and free time in New York. Registration fee is \$180.00. Bus leaves from Putnam park and ride in Glastonbury at 7:00am.

<u>Boston Bruins vs. New York Islanders</u> – Saturday, March 2nd, 7:30pm at UBS arena. Trip includes charter bus, cookout before the game, tickets to the game. Registration fee is \$195.00. Bus leaves from Putnam park and ride in Glastonbury at 1:30pm.

<u>Boston Saint Patrick's Day Parade</u> – Sunday, March 17th. Trip Includes, charter bus, food before the parade, food after the parade, games and prizes on the bus. Registration fee is \$85.00. Bus leave from Putnam park and ride at 7:30am.

<u>Boston Celtics vs. Washington Wizards</u> – Sunday, April 14th, 1:00pm at the TD Garden. Trip includes charter bus, breakfast before departing for Boston, tickets to the game, and free time in Boston. Registration fee is \$190.00. Bus leaves from Putnam park and ride in Glastonbury at 7:00am.

<u>Boston Red Sox vs. Cleveland Guardians Patriot's Day Game</u> – Monday, April 15th, 11:00am at Fenway Park. Trip Includes, charter bus, ticket to the game, breakfast before departing for game. Registration fee is \$175.00. Bus leaves Putnam park and ride at 7:00am.

Do not wait until the last minute to register! Please keep in mind that most classes require a minimum registration and if that requirement is not fulfilled by a certain date, the program may be canceled. All in person classes are subject to change to virtual programs based on state regulations.